

21

CityLife Church

Days of Prayer & Fasting

Overflowing Life

Take up a prayer slot during our 24x7 nonstop prayer week **23-29 March**
www.citylife.church/247



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Day	Date	Bible Reading	Prayer Point	Love In Action
Day 1	Fri 13 March	Anxiety Luke 12:22-31	As we begin these 21 days of prayer and fasting, we ask God to prepare our hearts and minds and to fill us with his peace and presence. Pray that the Holy Spirit would quiet distractions, soften our hearts, and align our wills with God's will. Ask God to help us release anxiety and trust Him as our Provider and King, choosing to seek His Kingdom first. Pray that our lives and our church would be marked by peace, faith, and surrender as we follow Jesus together.	Name one worry and intentionally place it in God's hands today. Encourage someone else who may be carrying anxiety with prayer or reassurance.
Day 2	Sat 14 March	Wise and Foolish Builders // Sermon on the Mount Luke 6:46-49	Ask God to help us not only hear His words, but to put them into practice. Pray that our lives, families, and church would be built on the firm foundation of obedience to Jesus. Ask God to form us as disciples whose faith is resilient, fruitful, and able to withstand pressure, so His Kingdom life can overflow into every area of our lives and communities.	Choose one teaching of Jesus you know but haven't fully lived out yet, and take a practical step to obey it today. Share what you've learned with someone who is walking the discipleship journey alongside you.
Day 3	Sun 15 March	Prayer, Trust & Judgement Luke 11:1-4	Pray that our church would grow deeper as a praying and trusting community. Ask God to align our hearts with His Kingdom priorities, shaping us into disciples who live generously, love freely, and reflect His grace to others.	Pray the Lord's Prayer slowly today. Choose grace over judgement in a conversation where it might be easier to be critical.
Day 4	Mon 16 March	Stilling the Storm Mark 4:35-41	Pray that we would trust Jesus in seasons of uncertainty and transition. Ask God to bring peace where there is fear, clarity where there is confusion, and unity across our church as we look to Him together.	Check in on someone who may be carrying pressure or uncertainty. Listen well or pray with them.
Day 5	Tue 17 March	Gadarene Deliverance Luke 8:26-39	Thank God for His power to bring freedom and restoration. Pray for a fresh move of the Holy Spirit across our church and communities, leading to transformed lives that overflow with testimony and praise.	Encourage someone who has come a long way in their faith journey. Affirm the work God is doing in them.
Day 6	Wed 18 March	Call of Matthew Matt 9:1-13	Pray for hearts that reflect Jesus' compassion for those far from God. Ask for boldness and grace in evangelism, that our lives would overflow with love that draws people into relationship with Him.	Intentionally connect with someone outside your usual circle today. Show genuine interest and kindness.
Day 7	Thurs 19 March	Harvest & Commissioning the Twelve Luke 9:1-5	Pray for leaders, staff, and board members to be empowered and led by the Holy Spirit. Ask God to raise up disciples who make disciples, sending into the harvest.	Send a message of encouragement or prayer to a church leader or volunteer. Sign up to lead and volunteer today!
Day 8	Fri 20 March	Conditions & Rewards of Discipleship Matt 10:37-42	Ask God to deepen our commitment to following Jesus wholeheartedly. Pray that we would hold nothing back and live generously with our time, energy, and resources for the sake of His Kingdom.	Do a small, unseen act of service for someone today without expecting recognition.

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Day 9	Sat 21 March	Feeding the 5,000 & Peter's Confession John 6	Pray for faith to trust God with what we have. Ask God to multiply provision, resources, and finances so ministry, mission, and discipleship can continue to grow.	Share a meal, coffee, or resource with someone who may be in need.
Day 10	Sun 22 March	The Cost of Following Jesus Matt 16:24-28	Ask God to purify our hearts and our church, removing anything that distracts from wholehearted worship. Pray for unity and integrity in how we live out our faith together	Create space today to be still with God. Remove a distraction and refocus your attention on Him.
Day 11	Mon 23 March	The Triumphal Entry Mark 11:1-10	Pray for hearts that truly recognise Jesus as King. Ask God to help us live with humility and obedience, welcoming His rule in every area of our lives and church.	Encourage the church by reminding them of God's faithfulness or answered prayer www.mycitylife.church/stories/share/
Day 12	Tue 24 March	Questions About Authority Mark 11:27-33	Pray for humility and teachability as we submit to Jesus' authority. Lift up Andrew and Godwin as they prepare for the leadership transition, asking God for wisdom, grace, and unity.	Pray specifically for Andrew and Godwin today, encourage them via email, and let them know you're praying.
Day 13	Wed 25 March	The Great Commandment Luke 10:25-28	Ask God to help us love Him wholeheartedly and love others genuinely. Pray that our church would be known for practical, visible love in action across every community we are part of.	Do something intentional today to show love to a neighbour, colleague, or family member.
Day 14	Thurs 26 March	The Widow's Mite Mark 12:41-44	Pray for a continued spirit of generosity and trust in God. Ask Him to guide us as we steward our finances faithfully, both personally and as a church.	Give generously today, whether financially, with your time, or through encouragement.
Day 15	Fri 27 March	Parable of the Talents Luke 19:11-27	Pray that we would use what God has entrusted to us for His Kingdom. Ask God to multiply to 100 new locations: New Life Groups, leaders, and ministries.	Take one next step to use your gifts. Serve, invite someone to a Life Group, or explore where you could get involved this year.
Day 16	Sat 28 March	The Last Judgement John 5:25-29	Pray for eternal perspective and renewed urgency in sharing the gospel. Ask God to draw many to Himself through Easter outreach across all our communities, cities, and nations.	Invite someone to Easter services (in-person or online) or begin a spiritual conversation with openness and care.
Day 17	Sun 29 March	Parable of the Talents Matt 25:14-30	Thank God for His mercy and the gift of salvation. Pray for those who feel far from God to encounter His grace and hope.	Share a word of hope or your faith story with us or someone who may be searching www.mycitylife.church/stories/share/
Day 18	Mon 30 March	Father, Forgive Them Luke 23:32-34	Ask God to grow forgiveness and grace in our hearts. Pray for reconciliation, healing, and unity within families, relationships, and the wider church.	Choose forgiveness today. Release a hurt or reach out to restore a relationship where possible.
Day 19	Tue 31 March	Behold Your Son / Behold Your Mother John 19:25-27	Pray for parents and families, asking God to strengthen homes with love, support, and faith.	Encourage a parent, caregiver, or family today with a kind word or practical help.
Day 20	Wed 1 April	My God, Why Have You Forsaken Me? Mark 15:33-39	Pray for surrender and trust as we place our future in God's hands. Lift up world leaders, Community Impact, and World Impact partners, asking God to bring peace, justice, wisdom, and compassion in places of conflict, poverty, and uncertainty. Pray that God's Kingdom life would overflow beyond our local church into the world.	Pray for a nation, leader, or global situation and consider how you can support mission practically. www.citylife.church/world-impact www.citylife.care
Day 21	Thurs 2 April	I Thirst John 19:28-29	Ask God to stir a deeper hunger for His presence. Pray for spiritual renewal, overflow, and bold faith as God sends us out to multiply disciples, plant new sites (including Beveridge), extend outreach into new locations like Mornington, and believe for impact in 100 new locations	Write down one thing God has shown you during this period of prayer and fasting and how you'll apply it. Share it with us story@citylife.church