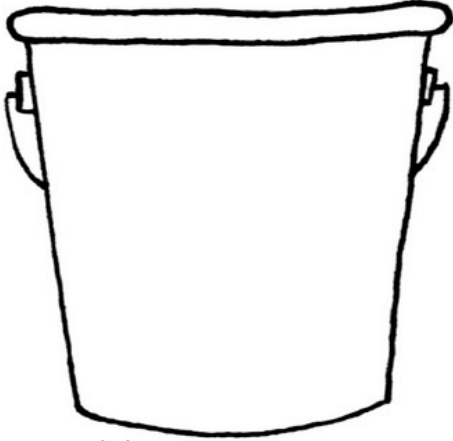
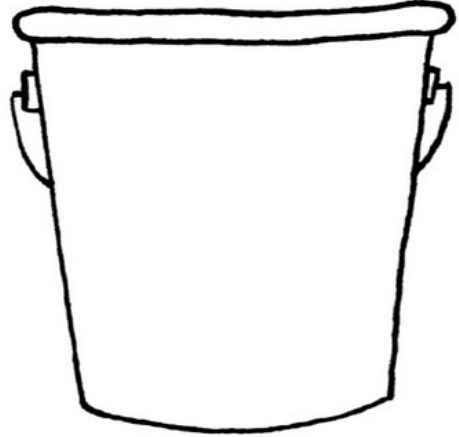


# One on One Guide

Progress



Puzzles



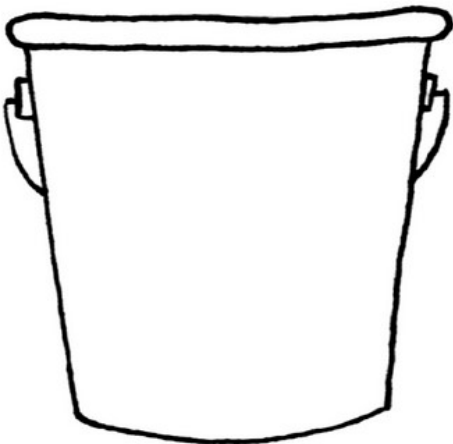
Problems



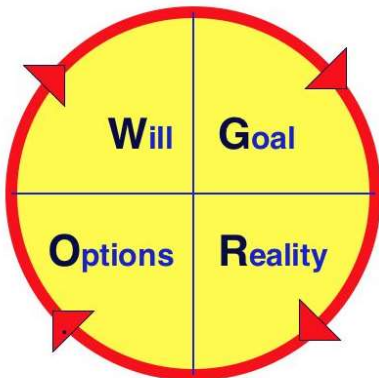
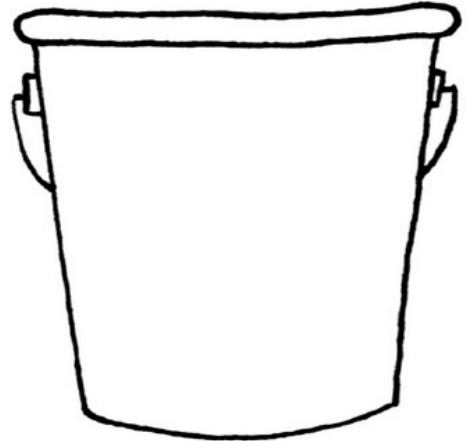
People



Priorities



Possibilities (from box of 9)



## Notes & Action Steps

- 
- 
- 
-

## **Box of 9 (Life Group Leader Topics)**

Our discussions	My co-leader	My growth
Our relationships	Our outreach	My rhythms
Our meetings	Adding to our group	One - on -Ones

### **Good Questions**

**easily understood**  
**not complex**  
**require thought**  
**encourage self-disclosure**  
**do not allow for one word answers**

# The GROW Coaching Model

## Way Forward

- What are the actions?
- Commit to action
- What are the steps?
- Timing and action plan

## Options

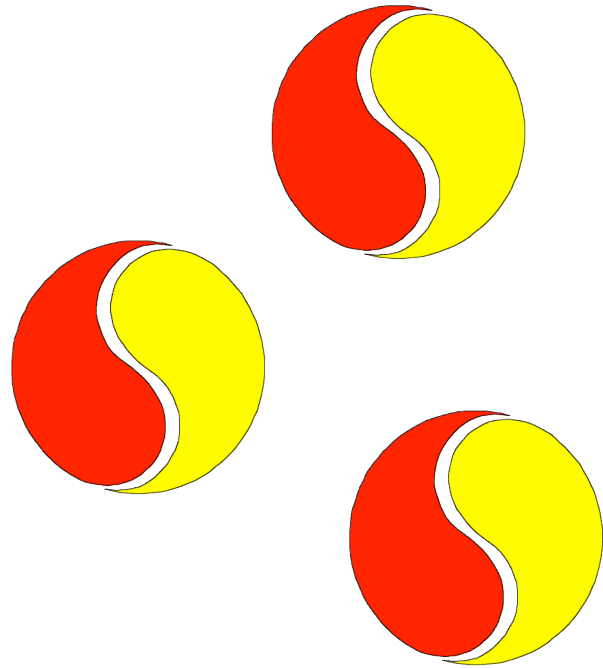
- What can you do to bridge the gap?
- What are the options?
- Who can help you?
- What do you need?
- Brainstorm

## Reality

- Where are you now?
- What is the reality?
- Ask for self-assessment
- Get feedback

## Goal

- What do you want to achieve?
- What is the ideal?
- What are your objectives?



- **Awkwardness** is essential for growth
- Remember the mind of the **beginner**
- Failure is a great **teacher**
- Change is a **process**

## **Tips for starting a one-on-one**

- Clarify the purpose of a one-on-one .
- Reach an agreement on how often and for how long you will meet.
- Discuss the nature of accountability and your expectations for follow-through.
- Always get the next one-on-one booked in the calendar.

## My Action Plan

ACTION STEPS (who will I develop, how will I do this, what will development look like)		By when?
1.		
2.		
3.		
4.		

**I intend to invest in these people**

- 
- 

**I intend to improve my development of people in the following ways:**

- 
- 

My Accountability will be with:

---